

Walk in the Spirit

Ephesians 5:1-14

Lesson 18

FIRST DAY: Review and Overview

1. What particular lesson did you receive last week about the *new man*?

2. Our Father in heaven is loving, gracious, and righteous! Just as children imitate and follow their earthly fathers, so as *God's dear children* we are to be *imitators of God*. This means, as believers, we are to *walk in love and light*. In Ephesians 5:1-14 Paul provided specific instructions for both how to and how not to walk after God. Read the passages below and cite the do's and don'ts of each section:
 - a. Ephesians 5:1-2

 - b. Ephesians 5:3-7

 - c. Ephesians 5:8-10

 - d. Ephesians 5:11-14

3. Ask the Lord to help you to be an imitator of God.

Therefore be imitators of God as dear children.
Ephesians 5:1

SECOND DAY: Read Ephesians 5:1-2

1. Write Paul's exhortation to the believers from Ephesians 5:1.
 - a. How did Paul refer to believers in Ephesians 5:1b?
 - (1) Why is this a reason to obey the command of Ephesians 5:1a?
 - (2) Link Ephesians 5:1 with 1 Peter 1:14-17. What do you see?
2. According to Ephesians 5:2a, how are we to *walk*?
 - a. How is *Christ* an example of this? Ephesians 5:2b
 - (1) What is your response to this kind of *love*? See also John 15:13.
3. What was God's perspective on Christ's demonstration of *love*? Ephesians 5:2c
 - a. Link this with Isaiah 53:10-11 and share your thoughts.
 - b. What is your perspective on Christ's demonstration of *love*?
4. Why do you think *love* is emphasized? See also 1 Corinthians 13:1-3.

THIRD DAY: Read Ephesians 5:3-7

1. From Ephesians 5:3-4 list the behavior that Paul declared was *not fitting for saints*:

- | | |
|-----|-----|
| 1.) | 4.) |
| 2.) | 5.) |
| 3.) | 6.) |

a. Why are these types of behaviors *not fitting for saints*?

b. *Rather*, what did Paul declare to be *fitting* behavior? Ephesians 5:4b

(1) Why do you think this is *fitting for saints*?

(2) How do you think this helps prevent the behavior listed above?

2. From Ephesians 5:5 state the truth that we as believers *know*.

a. What is so serious about this knowledge? Ephesians 5:5b

3. In the NLT Ephesians 5:6 reads, *Don't be fooled by those who try to excuse these sins, for the anger of God will fall on all who disobey Him.* How do you see this deception in the world today? See also Isaiah 5:20.

a. Why is it important for believers to heed Paul's warning?

4. *Therefore*, what did Paul exhort the believers to do? Ephesians 5:7

a. Link this with 1 Corinthians 15:33. What do you see?

b. Note from Psalm 1:1 practical ways to heed Paul's instruction.

FOURTH DAY: Read Ephesians 5:8-10

1. What were we *once*? Ephesians 5:8a
 - a. *But now* what are we? Ephesians 5:8b
 - b. Since this is the case, how are we to *walk*? Ephesians 5:8c
 - (1) Link this with Matthew 5:14-16 and share your thoughts.

2. From Ephesians 5:9 record and comment on the *fruit* that characterizes *children of light*:
 - a.
 - b.
 - c.
 - (1) Why do you think these are essential?
 - (2) Why is this *fruit* only possible by the *Spirit*?

3. As *children of light* what are we to do? Ephesians 5:10
 - a. Use the following Scriptures to note some of this *acceptable* behavior:
 - (1) Romans 12:1-2
 - (2) Romans 14:17-18
 - (3) 1 Timothy 2:1-3
 - (a) How does this behavior reflect walking in the *light*?

4. According to 1 Thessalonians 5:4-5, why should we *walk* in the *light*?
 - a. What difference do you see between proving what is *acceptable to the Lord* from what is unacceptable?

FIFTH DAY: Read Ephesians 5:11-14

1. Link Ephesians 5:7 with Ephesians 5:11a. What did Paul seek to emphasize?
 - a. Who do you think Paul is talking about? See 1 Corinthians 5:9-13.
 - b. How did Paul describe *the works of darkness*? Ephesians 5:11
 - (1) Link this with Romans 6:21. Share your thoughts.
 - c. In Greek, the word *expose* means *to reprove or correct*. Connect this with Galatians 6:1 and briefly explain how to deal with sin. Ephesians 5:11b
2. Why should we not even *speak* of the *works of darkness*? Ephesians 5:12a
 - a. How are the works of darkness *done*? Ephesians 5:12b
 - (1) Although these things are *done* this way, what comfort do you find in Hebrews 4:13?
3. In the NLT Ephesians 5:13 reads, *But their evil intentions will be exposed when the light shines on them*. Why is this a comfort to those who *walk in the light*? See also Matthew 10:26.
 - a. How is this a warning to those who are **not** walking in the *light*?
4. From Ephesians 5:14 record the invitation of God to those in *darkness*.
 - a. Link this invitation with Isaiah 60:1. What do you see?
 - b. How are you encouraged to come fully into God's *light*? See John 1:9.

SIXTH DAY: Review

1. Use the following verses from Ephesians 5:1-14 to note the characteristics of those who are:

a. *darkness*:

(1) verses 3-4a

(2) verse 5

(3) verse 6b

(4) verse 11a

(5) verse 12

b. *light*:

(1) verse 2a

(2) verse 4b

(3) verses 8b-10

(4) verse 13

2. How are you motivated to *walk in love*?

3. How are you motivated to *walk in the light*?

Finding out what is acceptable to the Lord.
Ephesians 5:10